



SWISS MEDICAL
NETWORK



SWISS MEDICAL NETWORK ORTHO DAY

26 APRIL 2024

Victoria-Jungfrau, Interlaken, Switzerland

Programme

ORTHOPAEDICS IN ELDERLY PATIENTS

09:30 – 09:45

Opening

Dr Philippe Glasson

FMH Specialist in Internal Medicine, Clinique de Genolier
Vice President of the Board of Directors, Swiss Medical Network

09:45 – 10:10

+ 5 min Q&A

Total joint arthroplasty in elderly patients

Prof Dr Victor Valderrabano

FMH Specialist in Orthopaedic surgery and Traumatology,
Sports Medicine SEMS/GOTS, Swiss Ortho Center,
Schmerzklinik Basel, Privatklinik Obach

10:15 – 10:40

+ 5 min Q&A

The role of acute and delayed wrist arthroplasty in elderly patients

Dr Ivan Tami

FMH Specialist in Hand surgery, Orthopaedic surgery and
Traumatology, Clinica Ars Medica

10:45 – 11:10

+ 5 min Q&A

Shoulder arthroplasty in elderly patients

Dr Alec Cikes

FMH Specialist in Orthopaedic Surgery and Traumatology,
Clinique de Genolier

Break

11:15 – 11:45

11:45 – 12:10

+ 5 min Q&A

Spinal compression fracture: understanding the impact on the spine

Prof Dr Nicolas Theumann

Interventional Radiologist, Clinique Bois-Cerf

12:15 – 12:40

+ 5 min Q&A

Rehabilitation strategies for elderly patient

Dre Elisabeth Stamm

Specialist in General Internal Medicine, Clinique Bois-Cerf

Lunch

12:45 – 14:00

14:00 – 14:25

+ 5 min Q&A

Geronto orthopaedic and quality of life

Dr Jean-Marie Schnyder

Chief Medical Officer, Luzerner Höhenklinik Montana

14:30 – 14:55

+ 5 min Q&A

Surgical feasibility in elderly patients

Dr Beat Wirthmüller

Anaesthesiology, Insel Gruppe AG

15:00 – 15:25

+ 5 min Q&A

Better surgical outcome in older patients with Prehab?

Monsieur Dirk Schmidt

Physiotherapeut Fachbereich Untere Extremität, Dipl.MDT,Schulthess Klinik

15:30 – 15:55

+ 5 min Q&A

SIRIS's significance in orthopaedics

Lilianna Bolliger

Project Manager, Institute of Social and Preventive Medicine (ISPM),
University of Bern

PhD Christian Brand

Statistician, SwissRDL, University of Bern

16:00 – 16:25

+ 5 min Q&A

**The role of fat tissue and the stromal vascular fraction
in regenerative surgery of the joints**

Dr. Thomas Giesen

Clinica Ars Medica, Swiss Stem Cells Biotech AG

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